

CERTIFICATE

OF PARTICIPATION

This is to certify that

Casparus Luther

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:33:53

PACE 07:12/km

OVERALL 22 of 149

GENDER 18 of 79

40 - 49 6 of 25

23 June 2019, Sun

Date



BoutTime